

## 2017 Registration Form: November & December Classes run from Oct 30-Dec 22

Name: \_\_\_\_\_  
 Company: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Please check 	CLASS NAME	DAY	TIME	COST <small>including GST</small>	INSTRUCTOR
	Bootcamp	<b>Mondays (No Class Oct 9)</b>	12:00-12:45	\$50.00	Ross
	Ballet Barre Works	<b>Tuesdays</b>	12:00-1:00	\$80.00	Heather
	Vinyasa Yoga	<b>Wednesdays</b>	11:15-12:15	\$80.00	Kate
	Cycling	<b>Thursdays</b>	12:00-12:45	\$60.00	Curtiss

### Specialty Class - 8 week session

	Metabolic Training	<b>Tues/Thurs</b>	1:30-2:15	\$195.00	Natalie
	Drop In Coupons - Book of 6	Anyday	Anytime	\$50.00	All

VISA   M/C   DEBIT   CHEQUE   CASH   **TOTAL \$**

- ▶ Please make cheques payable to: **Health Systems Group**
- ▶ If you prefer to pay by cash, please have the exact amount. We can not provide change.

