


2018 Registration Form: January & February Classes run from January 8 - March 2

Name: _____
 Company: _____ Work Phone: _____
 Email: _____

Please check 	CLASS NAME	DAY	TIME	COST <small>including GST</small>	INSTRUCTOR
	Bootcamp	Mondays <small>(no classes Feb 19, Feb 26)</small>	12:00-12:45	\$50.00	Ross
	Ballet Barre Works	Tuesdays	12:00-1:00	\$80.00	Heather
	Vinyasa Yoga	Wednesdays	11:15-12:15	\$80.00	Kate
	Cycling	Thursdays	12:00-12:45	\$60.00	Curtiss

Specialty Class - 8 week session

	Metabolic Training	Tues/Thurs	1:30-2:15	\$195.00	Natalie
	Drop In Coupons - Book of 6	Anyday	Anytime	\$50.00	All

VISA M/C DEBIT CHEQUE CASH **TOTAL \$**

- ▶ Please make cheques payable to: **Health Systems Group**
- ▶ If you prefer to pay by cash, please have the exact amount. We can not provide change.

