


2017 Registration Form: July & August Classes run from July 10 - August 25*

Name: _____
 Company: _____ Work Phone: _____
 Email: _____

Please check 	CLASS NAME	DAY	TIME	COST <small>including GST</small>	INSTRUCTOR
	Ballet Barre Works	Tuesdays	12:00-1:00	\$70.00	Heather
	Vinyasa Yoga	Wednesdays	11:15-12:15	\$70.00	Kate
	Outdoor Bootcamp*	Thursdays	11:15-12:00	\$60.00	TBA

Specialty Class (3-6 participants) - 8 week session

	Metabolic Training	Tues/Thurs	1:30-2:15	\$155.00	Natalie
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No classes Monday May 22nd

	Drop In Coupons - Book of 6	Anyday	Anytime	\$50.00	All
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VISA M/C DEBIT CHEQUE CASH **TOTAL** \$

***Outdoor Bootcamp runs July 10- Sept 1**

- ▶ Please make cheques payable to: **Health Systems Group**
- ▶ If you prefer to pay by cash, please have the exact amount. We can not provide change.

